

Parent Handbook

of Policies and Procedures

Introduction

Welcome to Learning Tree Preschool! We are excited you have joined our preschool family. If you have any questions about our handbook, our classroom, or our policies, please ask.

A Little About Myself

My name is Lisa Lundervold. I am the owner and teacher here at Learning Tree Preschool. I have been married for 34 years and have four wonderful sons and three grandchildren. I studied Early Childhood Education in Washington State where I grew up. Teaching young children has truly been a passion for me, and I am honored to be able to spend a few hours a day with your child. It is my goal to help your child develop the dispositions and skills to become life- long learners (both socially and academically).

We Believe

Children learn best through play and hands-on experiences. We firmly believe that children learn by doing, getting messy, investigating their questions, and problem solving with their friends. They learn by playing games, using their imaginations, expressing their emotions, creating, and exploring the world around them. The program is based on current knowledge of child development and early childhood education.

Curriculum

Learning Tree Preschool implements a theme- based curriculum. It is designed to facilitate learning through hands-on activities both teacher-led and student-led. As teachers we set up intentional play activities and explorations that meet the needs of individual students. Learning centers are set up in the classroom. ie. writing table, art -work materials, table activities (manipulatives, puzzles, matching, sorting, playdough), math and literacy, block and transportation, library area and language, science table, sensory table, easel, dramatic play area. Age appropriate music, stories, games, and fingerplays are part of the daily activities. We question and extend their thinking and play to help them learn and grow. We strive to provide high quality education and care for every student who comes in our classroom.

Hours of Operation

Learning Tree Preschool is open:
Monday-Friday 7:30AM-5:30PM

Closures

The following days are paid holidays. Jan 1st if it falls on a weekday, Labor Day, Thanksgiving Break, Christmas Break Dec 24-25 when it falls on a weekday. Martin Luther King Day, Presidents Day, Veterans Day, Memorial Day, Labor Day, July 4th. I also receive 5 paid personal days through- out the year. Parents will receive 2 weeks written notice for these personal days. If additional personal days are needed (i.e. funeral, medical reasons, family emergency, personal needs), I will take these days off, unpaid, as needed. We follow the Sherman School District inclement weather closures and delays.

Inclement Weather Policy:

Children are provided a minimum of two daily opportunities for outdoor play weather permitting, in which a child makes use of both small and large muscles. Toddlers and pre-kindergarten age children must engage in outdoor play for a minimum of 60 total minutes daily. We will go outside if the heat index is below 95 degrees, and the wind chill is above 40 degrees.

Eligibility

In order to register for preschool, each child must meet the following criteria:

- Be 3 years old by September 1st
- Proof of current required immunizations
- Health Statement: A written statement from a health-care professional who has examined your child within the last year. Indicating the child is- able- to take part in the preschool program.
- Hearing and Vision Testing screening
- Complete all enrollment forms and pay \$50 registration fee.
- Be completely potty trained
- Statement of child's special care needs if any.

Licensing

Learning Tree Preschool is licensed with the Texas Health and Human Services. The preschool will continue to have inspections and a copy of the most recent licensing inspection is posted on the parent board. You may review the minimum standards, online at www.dfps.state.tx.us/child_care.

Licensing local office: **550 E 15th Street**
Suite 120
Plano, Tx 75074
1-469-229-6900 Ext: 6901

Texas Abuse and Neglect Hotline: **1-800-252-5400**

Daily Arrival and Pick Up

The center's hours of operation are 7:30am-5:30pm. Drop off for full time children is any time after 7:30am. I am usually at the center around 7:00am, but I am preparing things for the day and do not accept children until 7:30am. If your child is going to be late, please call and let me know. Full-time students need to be at the center by 12:00pm. I will not accept a child after 12:00pm as it interrupts lunch time and nap. Preschool hours are 8:30am-11:30am. Preschoolers should be dropped off no later than 8:45am so they do not miss out on our planned activities for the day and should be picked up no later than 11:30am. Please notify us of any emergency or situations that occur that may prevent you or someone else listed in our files from picking your child up on time. A late pick-up fee of \$2.00 a minute will be charged for any child in our care after the end the scheduled class.

Only custodial parents/guardians and those listed on approved pick-up list will be allowed to pick up a child. Identification is required at pick-up. It is required that anyone listed on your emergency contact list must be 18 years of age. We cannot release your child to anyone under the age of 18.

Sign in and Sign Out

All students must be signed in and signed out by an adult every day that they attend.

Items from Home

Please do not allow your child to bring items from home unless it is a security item, or you have pre-arranged with me a day to share a special item. Learning Tree Preschool is not responsible for any lost or broken items.

Illness

Please keep your child at home if they are sick. This will prevent others from catching the illness. Children may return to school **24 HOURS AFTER:**

- Fever of 100 degrees or above

- Contagious skin or eye irritation
- Vomiting
- Diarrhea, more than three times in 2 hours
- Cough lasting more than 1 week without a doctor's note
- Discharge from the eyes, nose or ears
- Sore throat especially associated with fever or swollen glands in the neck.
- Rashes that are not associated with an allergic reaction to food or medication
- Appearance and behavior changes: including unusual tiredness, paleness, confusion, irritability, excessive crying with the inability to be consoled.

Any illness that prevents a child from participating in regular activity.

If your child displays any of these symptoms while in our care, we will call you and your child will need to be picked up within one hour.

If Learning Tree Preschool has reason to believe your child has a communicable disease, we can request that he/she be seen by a doctor and that a note be provided from the doctor stating that your child is not contagious, is able to attend and participate in a group care facility. If your child has been diagnosed with a contagious illness, you need to notify Learning Tree Preschool so we can notify other families.

Absences

Please notify the teacher if your child will be absent from school for a long period of time due to illness or vacation. Parents are expected to pay full tuition if the absence is less than a month. If the child is gone for a month or longer, parents will have two options. (1) If they want to ensure a place for their child when they return, they, would pay tuition for their child. (2) If they do not pay tuition and there is someone on the waiting list, the vacancy would be filled. However, if their place has not been filled when they return, they may re-enter without paying an additional registration fee.

Provider Sick Days

Payment will not be collected for a provider sick day. Sick days will be used to care for myself or a sick family member. I will notify parents as early as possible when a closing is necessary due to illness.

Payment

Tuition payments may be paid annually or monthly for preschool and monthly, bi-monthly, or weekly for full time children. If paid monthly, payment is due the first Monday of the month. Weekly and bi-weekly payments are due on Monday of each week. There is a \$50 registration fee that is due upon application. All registration

fees are non-refundable. There is a \$25 fee for NSF checks. Tuition payments can be made with cash/check or Venmo.

If tuition payments are not received, there will be a \$10 per day late fee. If your account exceeds one week over- due, your account will need to be made current or your child will not be allowed to come to school and will be dismissed from our school.

Two -week notice is required if your child needs to drop from the class. This is necessary so that children on the waiting list can be notified that an opening is available. Pro-rated tuition refunds are available during a pre-paid month if a child is withdrawn with a two- week prior notice.

Monthly Tuition Rates:

Preschool M/W/F 8:30-11:30AM: \$196 per month

Preschool T/Th 8:30-11:30AM: \$141 per month

Full Day M-F 7:30AM-5:30PM: \$594 per month (or \$148.50 per week)

Medication

Medication will only be administered at daycare if it has been prescribed by a doctor and in its original container. A medication form will need to be filled out and signed by parent with dosage information. Any leftover medication will be returned to parents after the dates on the form.

Sunscreen/ Insect repellent

A form will need to be filled out if you would like me to apply sunscreen or insect repellent to your child.

Injury/Medical Treatment

In case of a minor injury, we will administer basic first- aid. All injuries require immediate parental notification, will be documented in the form of an Accident report, and notified via text message, email or phone call.

In case of a minor injury in which an ambulance is not needed but immediate medical attention is required, I will contact the parents. If parents cannot be reached emergency contacts will be notified.

Learning Tree Preschool staff cannot transport students to a hospital or doctor's office. Injured students shall be transported for medical attention by parents or calling 911 for an ambulance.

Immunizations

Your child must be up to date on immunizations as required by the Texas state regulations. If you wish to have your child be exempt from vaccinations for personal or religious reasons, an exemption form will need to be filed with the

state. A copy of your child's immunizations or exemption form will be kept on file at the center.

Photographs and Videos

As a way to document student learning and share all the wonderful activities and learning happening in our classroom, I take photos and videos of our learning. These pictures and videos will be displayed in the classroom, on the Learning Tree Preschool website and Facebook page and in the children's portfolios. You will be asked to sign a form to either give or not give permission for your child to be photographed and videoed in the classroom.

Physical Activity

We believe physical activity is so important for children. It strengthens their bones, muscles, heart, and lungs. It improves children's coordination, balance, posture, and flexibility. It helps children maintain a healthy weight, boosts their immune system, and reduces anxiety. We go outside one hour in the morning and one hour in the afternoon, weather permitting.

Calendar

Each month, I will be sending home a monthly calendar to update you on what exciting topics we are learning about and other things happening in class. The calendar will include important dates and upcoming activities and events, I will also post the calendar on the parent board.

Visitor Policy and Volunteers

We have an open-door policy at Learning Tree Preschool. Parents and families are welcome to visit the class at any time. When class is in session Parents should slip in quietly to observe. Visiting with other parents should take place outside so as not to disturb the children's learning.

Updating Contact Information:

Parents can update their contact information at any time by emailing learningtreesherman@gmail.com, Or by sending a message through the Hi Mama app.

Parent Feedback:

We appreciate your feedback and input regarding our program. In order to continue to improve, we embrace your suggestions and ideas. An annual survey will be facilitated, and the results will be used to make changes and enhancements to our program.

Family Participation

Family involvement at Learning Tree Preschool is very important to the success of not only our program, but also the families we serve. There are several ways that families can get involved with the center and activities to ensure that their experience while enrolled in our center will be a great one! Opportunities for parent involvement include:

- class parties
- parent teacher conferences
- holidays
- annual fundraisers
- graduation
- themed parent/child nights

We provide a parent resource area for parents. Parents have the opportunity to receive pertinent information related to their resources in the community as well as information on their child's growth and development. The resource area is open during the centers operating hours. Please take advantage of our lending library which offers parents opportunities to check out books, toys, and activities to do at home with your child.

Accommodations

Our program Supports families and children who may need additional accommodations, including:

- medications prescribed for continuous, long-term use.
- limitations or restrictions on the child's activities; and special care the child requires, including:
 - Any reasonable accommodations or modifications
 - any adaptive equipment provided for the child, and instructions for its use; and
 - symptoms or indications of potential complications related to a physical, cognitive, or mental condition that may warrant prevention or intervention while the child is in care.

Book Orders

Each month I will send home Scholastic Book orders. Please do not feel obligated to buy anything. I will use the points I earn to buy new books for our classroom library. There are two ways you can order books. You can go online to www.scholastic.com and order the books with our school ID# or you can order books using the paper order form. Please make the checks payable to "Scholastic".

The completed paper order forms need to be turned into me. It usually takes about two weeks to receive the books.

Parent Teacher Conferences

Parent Teacher Conferences are held in the Fall and Spring. It is a time we can talk about your child in all areas of development and set goals for your child. If at any time during the school year you have any concerns and wish to have a meeting, please let me know and we can schedule one.

Communication

It is important for us to work as a team to ensure your child's success in preschool. If you have any questions, concerns, or any other important information that you believe I should know, please do not hesitate to contact me. Parent's will be notified of any changes made to policies or procedures. Parent's will receive a paper copy to sign and return that will be kept in your child's file. If there are any other notifications that parent's need to be informed of, parent's will be notified by one or, all of the following, email, text message, phone call or a classroom notification on the Parent board.

HiMama App

We are proud to be using a program called HiMama! I will be using HiMama in the classroom to record activities and to document updates throughout the day. You will be able to see what's going on in the classroom through pictures, activity updates and messages whether you are at work, home or on the go through the HiMama mobile app. You can download "HiMama - The Childcare App." Check your email inbox - we'll be sending your invitation shortly!

Emergency Preparedness

In the event of an emergency Learning Tree Preschool has developed an Emergency Response Plan. We will make every attempt to notify you, so it is vital you keep your emergency contact information up to date. A copy of the Emergency Response Plan will be given to all families at the time of enrollment.

Emergency Drills

At Learning Tree Preschool, we strive to make sure our children are safe at school every day. We do this by making sure our children are prepared for a variety of emergencies. We will practice fire drills (once a month), tornado drills (quarterly) and lock down drills (quarterly).

Emergency Supplies

Our classroom is equipped with an emergency backpack. It contains water, pre-packaged snacks, gloves, wipes, first aid kit, thermal blanket's, flashlight, hand

sanitizer, paper plates, utensils, a copy of our emergency Response Plan, each child's contact and emergency information, and any life- saving medication (epi-pens, inhalers). We also keep a small first aid kit in the classroom for minor cuts and scrapes. In the event, that we are contained in the classroom for an extended, period -of- time, past normal business hours. I do keep a supply of food and water at the preschool.

Nutrition/Meals

During the regular school day, the children will be provided with nutritious meals and snacks. Students and parents are educated on proper nutrition throughout the year. We currently provide breakfast, and AM snack, lunch, and a PM snack. Our menus follow guidelines under the state requirements (Milk must be served with breakfast and lunch). We do not charge an extra fee for meals and snacks.

Breakfast is served between 7:30 and 8:00 AM. Morning snacks are served at 9:30 AM. Lunch is served at 12:00 PM. Afternoon snacks are served at 3:00 PM. If your child is on a special diet or has a food allergy the center must have a copy of the doctor's report. An emergency food allergy plan must be completed by an authorized medical official. This is a requirement of the state.

No outside food is allowed at our facility. Staff does not reward good behavior with food of any kind. During special occasions such as birthdays and holidays, only commercial packaged foods are allowed.

Birthdays

A birthday is a very special day for children. We would love to celebrate your child's birthday at preschool. If you would like you may bring in a commercially made nut free treat to share with the class.

Smoke Free Environment

Learning Tree Preschool has a no smoking policy throughout the school (indoors and outdoors) to respect the health and safety of our families and students.

Animal and Pet Policy

Caring for and interacting with pets at Learning Tree Preschool is a special part of our preschool curriculum. Children learn to care respectfully for creatures and are given the opportunity to nurture other living things.

- Classroom pets and/or visiting animals need to be in good health.
- Pets and/or visiting animals must have documentation from a veterinarian to show that the animals are fully immunized (if the animal should be so protected).

- Teacher supervises all interactions between children and animals and instruct children on safe behavior when, in close, proximity to animals
- Teacher makes sure that any child who is allergic to a type of animal is not exposed to that animal.
- Reptiles are not allowed as classroom pets because of risk of salmonella infection.
- Teacher and children will wash their hands with soap and water after touching or holding any animal.

Abuse, Neglect, Exploitation

I am mandated by state law to report to the Texas Health and Human Services, Child Protective Services or a law enforcement agency any instance where there is a cause to believe that child abuse, neglect or exploitation may have occurred. Employees will receive annual training on increasing awareness of issues regarding child abuse and neglect, including warning signs that a child may be a victim of, or at risk of abuse or neglect. Information on increasing Parent awareness of prevention techniques for abuse and neglect will be posted on the Parent Board. If a Parent or Guardian has reason to believe their child or any child has been a victim of abuse or neglect the Texas Abuse and Neglect Hotline is: **1-800-252-5400** Information is available upon request for Parents on assistance and intervention for your child if they are a victim of abuse or neglect.

Screen Time Policy

Electronic media is only used for educational purposes. Tablets and video games from home are not allowed. Screen time for children over the age of two is restricted to less than 30 minutes a day.

Clothing

Please provide an extra set of clothing for your child to keep at the preschool. Accidents do occasionally happen. Comfortable play clothes are best for preschool. These should be clothes that encourage self-help and do not discourage participation in some of the messier activities, such as painting and gluing. Tennis shoes are the best for running and jumping. Please Label all outer garments including hats and boots with your child's name.

Backpack

Please have your child bring a backpack with a change of clothes for those occasional spills or accidents on days that he/she is at preschool.

Naptime

We have naptime every day from 12:30-2:30PM. We provide a nap mat and a sheet for each child. Your child is allowed to bring a blanket and stuffed animal to sleep

with every day. All sheets are washed every Friday and blankets and stuffed animals need to go home every Friday to be washed.

Discipline and Behavior Management

Discipline for young children means guidance towards self-control. Discipline is helping. Discipline is guiding children toward control of their actions because they want to from within and not because they will be punished if they do not

Discipline is helping children make decisions and be responsible for their own behaviors. At Learning Tree Preschool, we are committed to providing a safe environment for learning. Universal support strategies are available to all students to support their social emotional development by teaching expected behaviors and teaching various social skills (sharing, taking turns, problem solving) all year long. We try our best to provide a consistent, challenging learning environment with physical activity which prevents boredom and promotes good behavior.

If a behavior issue arises the teacher may use a verbal redirection, state the expected behavior, give behavior choices, provide a visual support, and/or go to the safe spot. The safe place is a quiet, cozy place in the classroom a child can go when they are feeling upset, sad, or just want to be alone. The safe spot also has a Calm Down Kit. It is a basket with items and visual supports to help a child calm down such as: Sensory bottles, squeeze fidget's deep breath chart. It is my goal for students to be happy, confident learners, who can problem solve and work collaboratively with others.

If a child makes inappropriate, dangerous, or destructive choices, an Incident Report will be used to document the behavior and given to parents at pick-up. Corporal punishment is never used under any circumstances.

If problem behavior continues after trying various strategies or becomes a distraction for the other children in class a meeting with the parent will be arranged to work together to find strategies or solutions for the child to be a successful participant in class.

Termination of Enrollment

In some circumstances, it may be necessary to discontinue a child's enrollment at Learning Tree Preschool. This decision will be based on the best interests for children and staff. Termination of enrollment may be a result of the following:

- Non-payment of tuition.
- Abuse, destructive and/or dangerous behavior to children, staff or property by a child, parent, or family member.
- Failure to follow our Parent Handbook policies and procedures.

Thank You for choosing Learning Tree Preschool. We are so excited you are joining our preschool family. We will love and respect your child. We will help them grow and develop emotionally, socially, physically, and academically!

I _____, have read and agree to the terms of the Learning Tree Preschool Parent Handbook of Policies and Procedures.

Signature

Date

Community Resources

Texas Department of Health & Human Services Child Care Licensing

Local Licensing Office:

550 E. 15th Street, Ste. 120, Plano, TX 75074 Phone: 1-800-582-6036

State Office: 701 W. 51st Street, P.O. Box 149030, Austin, TX 78714-9030 Phone: 512-438-4800

Child Advocacy Center

910 Cottonwood Drive
Sherman, TX 75091 Phone: 903- 957-0440

The Rehabilitation Center

1216 Hillcrest Sherman, TX 75092
Phone: 903-893-7457

Grayson County Crisis Center

4200 North Travis Street Sherman, TX 75092-4042 Phone: 903-893-5615

SISD Child Find Services

P.O. Box 1176 Sherman, TX 75091
Phone: 903-891-6439, x305

Child & Family Guidance Center of Texoma

804 East Pecan Grove Road Sherman, TX 75090-1767 Phone: 903- 893-7768

Grayson County Health Dept.

205 N. Houston Ave. Denison, TX 75021 Phone: 903-465-2878

Angels of Care Pediatric Home

Health 102 S. Collins Freeway, Howe, TX 75459 Phone: 903-532-1400

Workforce Texoma Solutions

Grayson County

2415 S. Austin Ave., Ste. 105 Denison, TX 75020 Phone: 903-463-9997

LifePath Systems/Early Childhood Intervention

2001 Loy Lake Road Sherman, TX 75092. Phone: 972- 562-0331

PlayWorks Therapy Group of Texoma OT, PT, and Speech Therapy

2001 North Loy Lake Road, Suite J Sherman, TX 75090 Phone: 903-487-5520

Texoma Community Center

Amber Denney, Director of Child and Adolescent Services Office Hours: 8 am - 5pm Phone: 903-957-4701

City of Sherman Local Programs/Events

<https://www.ci.sherman.tx.us/1176/ProgramsEvents>

City of Denison Local Programs/Events

<https://www.cityofdenison.com/parks-rec/page/events>